

Howling Night Run

Saturday, October 28, 2017

Things to Know

About Howling Night Run

This is a timed Halloween themed event occurring in the dark. Come in costume or come as you are! You may run or walk the 5K course and you will have 1.5 hours to complete it. The 5K course is not lit and headlamps are highly recommended.

This event is considered appropriate for children. Only a parent knows their child and how their child will react to a Halloween themed event with individuals in costume, props and individuals trying to be scary. Each parent must make their own decision of whether or not this event is appropriate for their own unique child.

There is an additional \$6.00 per vehicle park entrance fee.

Exclusions – Including Pets

Skateboards, bicycles, and pets are not allowed on the course.

Sports strollers and sports wheelchairs are allowed. When planning to use a sports stroller or sports wheelchair, it must be selected as a part of your registration or added later through a change request.

Wagons will also be allowed on the course for use by younger children and should be pulled by a parent. When planning to use a wagon, it must be selected as a part of your registration or added later through a change request. As a courtesy to others, if you are planning on pulling a wagon, line up near the end of the start line so others do not have to work their way around you and the wagon.

Personal Information

Participating with inaccurate information in your race entry such as gender and birthdate or participating as someone else affects everyone not just you. Make sure your information is accurate including taking steps to transfer your race entry to someone else through a change request when needed.

If you have accidentally typo'd during your registration or you have registered another participant with inaccurate information, it will be inaccurate in race day results unless you have taken the necessary steps to identify and correct it.

Validate the information in your registration confirmation at the time of receipt as well as on the monitors or online immediately following the event. Pay attention to gender, birthdate or age group division and the spelling of your name.

If you identify a discrepancy or need to transfer your race entry in advance of the event, view change requests from the homepage and complete a change request. If you identified a discrepancy upon completion of the event, address it at the timing station before finalization of results and the start of the award ceremony. If it is after finalization of results, send an email to info@phxfr.org for review to determine what, if anything, can be done to address your concern.

Correctly Wearing Your Bib

Wearing your bib correctly will help ensure you are not stopped on the course for not having a bib on and it will also help ensure accurate reads and ultimately a timing result. Your bib needs to be placed on your front torso unobstructed. You may also place it on an upper thigh facing forward just below your torso. Do not bend the timing chip, remove the foam tape covering the timing chip or place the bib anywhere else on your body including the back of your torso or where it would be covered. The foam tape, in addition to helping ensure timing chip reads, also helps prevent moisture from getting onto the timing chip from sweat or rain. Keep your bib away from liquid.

If needed, safety pins will be available at onsite registration to enable you to attach your bib.

Avoid congregating around the start and finish line other than when starting or crossing the finish. Congregating near a timing mat after it has been activated may create one or more false positives in your individual timing result, which could cause an error in your individual time result requiring reconciliation of your individual record in an attempt to correct it.

If you have secured your bib, have it with you on race day and have decided not to participate in the race, make sure you do not carry it with you near the timing mat at the start and finish unless you have gone to the timing station to have the bib deactivated. Not doing so can cause your bib to read placing you into results as participating in error affecting race result placements and awards for those who participated.

Medical

A first aid kit will be available at the start and finish for minor incidents. If you or someone you are observing needs medical assistance, please notify a race crew member. If you believe you or someone else may be experiencing a life-threatening emergency call 911 immediately.

Water Station

A water station is offered approximately midway through the course to help you keep hydrated and refreshed. There will also be water available at the start and finish.

Toilets

There are several park restrooms and portable toilets available around the park. Please review the [Park Turf Area Map](#) to familiarize yourself with the locations.

Seating

There are plenty of seating areas around the park. Please review the [Park Turf Area Map](#) to familiarize yourself with lit ramadas reserved for the event starting at 6 PM and many additional picnic tables available in the grassy areas of the park. You'll also find a bale of hay or two to sit on.

Bag Check

Bag check is not being offered at this event. Please plan the storing of any personal items accordingly.

Participant Snack & Beverage

Water, witches brew (energy drink), and trick or treat candy will be available to participants at the refreshment table near the finish line after your run or walk while supplies last.

Bringing Guests

Want to bring your friends and family with you as your personal cheerleading squad? No problem!

Estrella Mountain Haunted Hayride

Hayride start times are 7:10 PM and 7:40 PM. There will be two haunted hayrides lasting approximately 20 minutes each. A great Halloween activity for those you want to bring with you that do not want to run or walk. If you are wanting to do the run and the hayride, make sure you can complete the run in time to participate in the hayride.